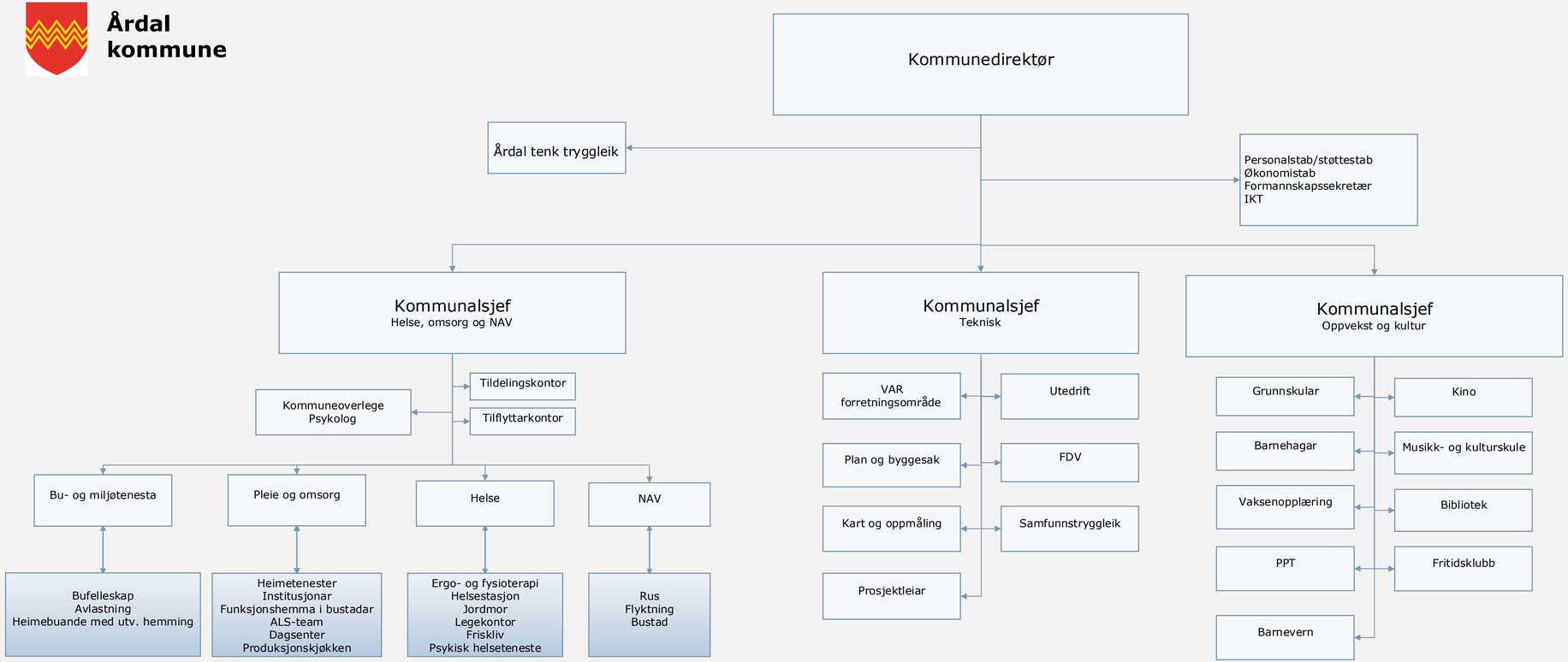Årdal kommune